

THE RISE & SHINE TIMES
The "Official" Newsletter from the
ROTARY CLUB
of
Boca Raton Sunrise
 Visit our Website at:
<http://www.rotarybocasunrise.org/>



Meeting Report of 10-14-04

Past President Rod Mabe inspired us with a beautiful prayer prior to the meeting, and a special prayer for **Jan Raulin**. Playing the piano today was **Chris Maners**.

Visting Rotarians and Guests:

We welcomed guests **Jean Frankel**, guest of **Eileen Katz**, and **Selina Dunsworth**, guest of **Jesse Lieberman**.

\$\$\$\$\$\$\$\$.....HAPPY BUCKS.....\$\$\$\$\$\$\$\$

Sgt.-at-Arms and Past President Bob Magulick collected Happy Dollars from **Ed Rowan** who attended a noon Rotary meeting and noted that **Chris Helfrich** was the speaker; but sad that he had to leave early and missed his speech.

Clark Bailey was happy to be back from upstate New York and that he suffered no damage to his premises from the hurricanes.

Milt Rudick had a happy \$5 because he's traveling to Pittsburgh for his 60th college reunion from Carnegie Mellon.

Nick Downarowicz had a scooter dollar.

Matt Nelles had a hat's off dollar for the New England Patriots.

Sandy Burkart had happy bucks to thank **Rod Mabe** for helping him find an emergency condo.

Steve Alman thanked **Chris Maners** for playing the piano, and **Steve Fertel** (our regular pianist) was thankful that we finally got somebody to play that understands the music.

Armand Rossi told us that he vowed never to be one of those new grandfathers who has to carry around pictures of the babies. But now that he is a grandfather to two new granddaughters, he kind of changed his mind.

Jamie Gulden had a chance to go to a make-up meeting. She loves our club and appreciates it even more!

Chris Maners gave back the \$2 that people put into his piano jar. **Marsha Gandy** thanked **Chris** for giving the money to Rotary, even though it might have bought her a cup of Starbucks!

Christine Shepard was heckled into paying a late dollar.

Chris Helfrich said he was happy that **Ed Rowan** didn't stick around to heckle him at the noon club. He reminded us, that with his job at the water/sewer department, they really strive to be #1 in the #2 business.

Tim Sharp and Chris Helfrich helped out on an orphanage project sponsored by the noon club, with **Ken Davis** leading the charge. The orphanage is the Old Byte Mission House on Cat Island in the Bahamas. The noon club received some matching funds, so once again they will be helping to improve the water system.

Tad Balzer had a scooter dollar, and **Jesse Lieberman** was happy to have a happy buck to donate after his trip to Las Vegas.

President Elect donated a happy \$5 because she had a fabulous time at the District Cruise along with **President Shirley Hirsh and District Governor Elect Ken Hirsh, and Beatriz DaRocha and family**.

Mary Malatesta is passing out posters from fellow Rotarian **Roxanna Trinka** regarding an Octoberfest to be held Sunday, October 24th. It benefits the Haven, Boca Helping Hands and the Boca Respite Volunteers. More details at bottom of newsletter!



HAPPY OCTOBER BIRTHDAYS

Jim Hole.....October 4
Bob Magulick.....October 12
Rod Mabe.....October 22
Eileen Katz.....October 29

\$\$\$\$\$\$\$...HAPPY BUCKS Continued....\$\$\$\$\$\$

President Elect Eileen Katz commented on the good news for the Jets, and mentioned that her family works for them in New York. Her grandchildren are really into politics. Nicole, who is 7, has a letter from President Bush, and wants to see him win in order for this letter to be valuable. But Natalie, age 5, wants the Ketchup to win!

ANNOUNCEMENTS by
President Elect Elaine Katz

THANK YOU: Our **Sgt.-at-Arms and Past President Bob Magulick** deserves much thanks for keeping our meeting brisk and on-track!

NO MEETING OCTOBER 28 – The meeting for this day is scheduled for the Sunday District Family Picnic at Biwa Park on October 31st where we will meet **District Governor Jean Sharkey**.

BIWA PARK – The event is 12 – 3; catered picnic. The cost is \$10 for non-Rotarians and \$5 for children. Kids under 4 are free. Face painting, lots of games and a costume parade will be held! Bring your family and friends!

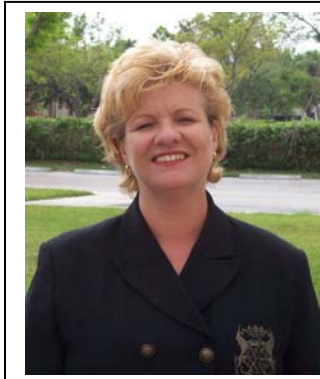
SOCIAL HOUR at the Addison will be hosted by the noon club on October 20th – Wednesday evening. Featuring two Iraqui Kurds – cost is \$20 per person and happy hour starts at 5:45.

CHICAGO CONFERENCE: Make sure to reserve your room and make your accommodations for RI International Conference starting June 18, 2005. The District has booked a block of rooms at the Savoy Hotel.

OPAL – This will be a black tie dinner and dance on January 22nd. The OP in Opal stands for "Outstanding People" and this year, **Bob and Helen Babione** will be honored. Save the date and mark your calendars for this multi-Boca Rotary Club Gala!

DUCKY DERBY has been postponed until Nov. 11th!

**SPEAKER OF THE WEEK
DOTTIE CARSON
ALZHEIMER'S COMMUNITY CARE**



Alzheimer's
24-Hour Crisis
Hot Line:
800-394-1771

Website:
www.alzcare.org

OfficePhone:
(561) 683-2700

Speaker Chairman Marsha Gandy introduced **Fellow Rotarian Dottie Carson**. A native of New Orleans, she moved to South Florida 15 years ago with her husband and 4 children. She has been a media buyer and promoter in this market since her move. Her best-known clients include Susan G. Komen Breast Cancer Foundation, The Palm Beach Flower and Garden Show, and Jupiter Medical Center. As an independent business development consultant, Dottie has established an excellent network of media contacts to support her efforts which assist her on the three boards in which she presently sits. She joined Alzheimer's Community Care in March of this year.

Dottie Carson told us that our club has raised the bar. She's going to take the Happy Bucks idea back to her home club. She became aware of the Alzheimer's Community Care Center in January, when she was asked to produce a video. Her father died in December from the disease, so the project seemed right. Mary Barnes, the CEO, is a hands-on director, and Dottie felt that she had come home.

The Community Center had been in existence since 1996 but had not capitalized on their unique features. Dottie saw that she could make a difference, the Center had a product but the community didn't know about it.

The Alzheimer Foundation of America provides dollars for research; and the Center is where "the rubber hits the road" and takes care of people who are suffering from this disease. There are 9 daycare centers. Last week, Dottie spoke to a start-up group in St. Lucie, and the pleas for help were intermingled with tears. Just like the hurricanes left us feeling powerless, so does Alzheimer's disease.

The Alzheimer's population is growing quickly and care demands are at the peak during crisis situations.

The Centers are non-profit; most of the funding is by private foundations and donors. There are 80 employees, the budget is five million dollars. There are 14 nurses and 6 PhDs; and it is truly a good model.

Hoping that Academic groups will pick up and teach so that there will be a specialty profession in Alzheimer care.

There are 59,000 people affected in Palm Beach County and the rate is growing at 6,000 per year. One reason is that we have a tremendous elderly population.

Methods are becoming better which diagnose the disease. An important point to remember is that 63% of caregivers are at risk for death before the Alzheimer patient. Caregivers face physical and mental stress.

The Community Care Centers have a registered nurse that goes into the home. When a crisis develops, there is a 24 hour hotline. Someone goes out in the community and seems lost. The police force is the normal point of initial contact. The crisis patient may appear as drunk or disorientated. The police may have, in the past, incarcerated or institutionalized patients before other options were considered. ACC worked with 31 municipalities on task force in Palm Beach County.

On November 7, the Policies and Procedures Task Force will adopt a written policies and procedure manual on how law enforcement officers proceed with crisis patients. The manual has been approved by the Police Chief Association. 37,000 law enforcement officers will receive training. There will be a checklist in all cars with instructions.

It was difficult to organize the training, but there is a video in two parts that are fifteen minutes long. The public will be directed to call 911 if they see a person who is wandering around.

Sometimes, caregivers live in denial; and the patient is at risk the moment that they are out of sight of the caregiver.

The Alzheimer Foundation has a rescue bracelet. "If patients wander and are not found for 3 hours, the likelihood of not returning home; or finding the patient dead, raises the percentages by 75%. Dialing 911 to notify both medical personnel and police is the way to help a person who seems lost or disoriented. You may see somebody who is crossing the street in a haphazard fashion, then re-crossing with that lost or blank look. Please don't walk by, just stand with the person until the authorities arrive. Sometimes, just stand back if you see someone with that lost and homeless look, as approaching them may be frightening." Dottie advised our members.

AARP says that people are at risk for Alzheimer's after age 50, but this is getting younger and younger.

In Palm Beach with the Alzheimer Community Care Program and the training to the police, we won't have to worry that the lost people will be handcuffed or bound.

Barry University is studying the method in which the patients are treated in the adult day care program. The Center is hopeful that this program can be used as a model for other communities and colleges.

Daycare is from 7:30 AM to 5:30 PM. There are no TV sets and the ratio is 1 staff for every four patients. They start out by reciting the Pledge of Allegiance and then

Read parts of the newspaper. This leads to discussion about "Do you remember" if a historic column is read. This leads to discussion as the staff tries to engage all in comments. They exercise and dance. It is a wonderful thing to watch a semi-comatose or almost non-verbal person with the disease after a short period of time, perk up and come to life!

And it is wonderful for their caregiver. The caregivers have told the staff that they sometimes feel like they are losing their minds. Adult day care offers respite for one or two days a week, so that caregivers have time to run errands.

At the time of admission into the program, the staff looks at all of the medications and a prescription plan, free of charge, is developed. This is funded by the Skelly Foundation. Both the caregiver and patient stays as healthy as long as they can.

The Center is a safety net. During Hurricane Jeanne, Executive Director Mary Barnes reached out to the Alzheimer Foundation for assistance. Some families have moved here in order to participate in the program. National exposure of how the Center has worked with the patients will communicate to the world this model. 50% of the patients are private pay. The rate is \$50 per day. Insurance funds can be diverted; last year, \$423,000 was given by insurance funds.

Dottie Carson described the difference between Dimensia and Alzheimer's as the difference and similarity as a fever is to flu; with Alzheimer's Disease being the largest imbalance in the mind diseases. We gave Dottie a large round of applause for this interesting speech.

Octoberfest 2004

Octoberfest 2004

TO BENEFIT
BOCA RESPITE VOLUNTEERS,
BOCA HELPING HANDS
& THE HAVEN

Featuring a "Florida Style" Beer Garden with a family-focused atmosphere
great food, beer, dancing, music, crafts, contests, and
children's activities.

For Information Contact: (561) 392-8920

Sunday, October 24, 2004

1-5 PM

Fifth Avenue Shoppes

Federal Highway & NE 20th Street

Boca Raton, FL

Soloist featuring music
from the 50's to the 90's to today
provided by DR Entertainment.

Special Performance by
BRET Rising Star 2004 Contestants
Terry Cooper "Ell Emeno" Band

Live Entertainment by
Raymond Fitzgerald

DISTRICT 6930 Requests and Information:

Hurricane Relief Fund: Make checks payable to: "District 6930 Hurricane Relief Fund" checks can be mailed to the district treasurer. Mr. Frank McMahon 2326 S Congress Ave Ste 2F, West Palm Beach, FL 33406

CALENDAR OF EVENTS

Our regular weekly meeting is held at 7:30 AM (get there early) on Thursday Mornings at the Renaissance Hotel, East of I-95 at Glades Road. See the District Website for other Rotary Meeting Sites in Eastern Florida, or the International Website if you are traveling. Every Rotarian is encouraged to attend a weekly meeting, or make it up at some other club or in a committee meeting. Meetings last approximately 75 – 90 minutes (1.5 hours) and are a means of fellowship.

Board Meetings are generally the 2nd Thursday of the month 6:00pm at Andy Petry's office of Grubb and Ellis at 2385 Executive Center Drive #150, Boca Raton. The only exception this year is in October when meeting is on the first Thursday, 10/7/04 as the Hirsch's will be on a training mission in Charleston, S.C All Rotarians are welcome.

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| 10/12/04 to 10/17/04 | ZONE INSTITUTE -Charleston, SC District Governor (Ken Hirsch) Training |
| 10/28/04 | NO MEETING (Go to the Picnic – Children's Halloween Costume Parade & Lots of Fun) |
| 10/31/04 | PICNIC AT BIWA PARK – HONORING DISTRICT GOVERNOR JEAN STARKEY (Armand Rossi) |
| 11/1/04 | JUNIOR LEAGUE WOMAN OF YEAR AWARD LUNCHEON – Honoring Rotary Sunrise Club's Nominee Mary Malatesta at Boca Raton Hotel & Resort – (Eileen Katz, Chair) |
| 11/20/04 | ROTARY DELRAY'S ALL AMERICAN DUCKY DERBY – Adopt a Duck for \$5.00 |
| 12/4/04 | HOLIDAY PARTY |
| 12/23/04 | SANTA and the OLYMPIC HEIGHTS CHOIR - BRING YOUR KIDS! |
| 12/30/04 | YEAR END MEETING held at WORLD WIDE TICKET AND TRAVEL PRINTING FACILITY |
| 1/22/05 | DISTRICT LEADERSHIP SEMINAR - IRCC (Indian River Community College) St. Lucie West - District Visioning Workshop & President-Elects Boot Camp |
| 2/18 /05 – 2/25/05 | ROTARY INSTITUTE - Anaheim, CA District Governor (Ken Hirsch) Training |
| 2/27/05 | ROTARY BIRTHDAY PARTY – Florida Youth Concert 4:00-6:00 PM Sanborn Square |
| 3/4/05 – 3/5/05 | PETS - Orlando Airport Marriot President-elects Training (PETS) |
| 4/7/05 – 4/10/05 | RYLA - (Rotary Youth Leadership Assembly) Holiday Inn Port St. Lucie |
| 4/30/05 | ROTARY UNIVERSITY -IRCC at Ft. Pierce - Club Officers and Directors Training All Rotarians Invited |
| 5/14/05 | GOLF TOURNAMENT - Our Annual Golf Tournament. (Joe Unger, Chair) |
| 6/12/05 | AWARDS BRUNCH – District - TBA |
| 6/18/05 – 6/22/05 | ROTARY INTERNATIONAL CONVENTION – Chicago, IL Register on line at www.rotary.org for both the convention and housing. |

Rotary Websites

Rotary International: <http://www.rotary.org/>

Rotary District 6930: <http://www.rotary6930.org/>

Rotary Boca Raton Sunrise: <http://www.rotarybocasunrise.org/>

Rotary Youth Exchange District 6990 – Fort Lauderdale: <http://www.rye6990.com>